

**GOVERNMENT OF ANDHRA PRADESH
HEALTH MEDICAL & FAMILY WELFARE DEPARTMENT**

Order NO.62/COVID-19/2020

Date:06.07.2020

COVID Instant Order-62

The revised discharge policy is aligned with the guidelines on the 3 tier COVID facilities and the categorization of the patients based on clinical severity (Available at:

<https://www.mohfw.gov.in/pdf/FinalGuidanceonMangaementofCovidcasesversion2.pdf>

All the Covid cases shall be isolated and managed / treated either at home, Covid Care centres, Dist Covid hospitals and State Covid Hospitals as per the severity of Symptoms and risk profile of the Positive case. The following discharge Policy may be followed.

1. Mild/very mild/pre-symptomatic cases

Mild/very mild/pre-symptomatic cases admitted to a COVID Care Facility will undergo regular temperature and pulse oximetry monitoring. The patient can be discharged after 10 days of symptom onset and no fever for 3 days. **There will be no need for testing prior to discharge.**

At the time of discharge, the patient will be advised to isolate himself at home and self-monitor their health for further 7 days.

At any point of time, prior to discharge from CCC, if the oxygen saturation dips below 95%, patient is moved to District Covid hospital(DCH).

After discharge from the facility, if he/she again develops symptoms of fever, cough or breathing difficulty he will contact the COVID Care Centre or State helpline or 1075. His/her health will again be followed up through tele-conference on 14th day.

2. Moderate cases admitted to Dedicated COVID Health Centre (Oxygen beds)

2.1. Patients whose symptoms resolve within 3 days and maintains saturation above 95% for the next 4 days

Cases clinically classified as “moderate cases” will undergo monitoring of body temperature and oxygen saturation. If the fever resolve within 3 days and the patient maintains saturation above 95% for the next 4 days (without oxygen support), such patient will be discharged after 10 days of symptom onset in case of:

- a) Absence of fever without antipyretics
- b) Resolution of breathlessness
- c) No oxygen requirement

There will be no need for testing prior to discharge.

2.2. Patient on Oxygenation whose fever does not resolve within 3 days and demand of oxygen therapy continues

Such patients will be discharged only after

- a) resolution of clinical symptoms (No fever for 3 consecutive days, Resolution of breathlessness)
- b) ability to maintain oxygen saturation for 3 consecutive days .
- c) Repeat Inflammatory markers before discharge and they should be in normal range.

Before discharge the case should be tested with Rapid antigen kit and if the test result is negative, case shall be discharged. If the test result is Positive, the case shall remain under medical observation for 3 more days and discharged without further testing.

3. Severe Cases including immunocompromised (HIV patients, transplant recipients, malignancy)

- a) The patient shall be discharged after complete clinical recovery if following criteria is met:
 - i. No Fever and No Symptoms for the last 3 consecutive days before discharge (without antipyretics)
 - ii. Maintains saturation above 95% for the last 4 days without oxygen
 - iii. Resolution of breathlessness
 - iv. Resolution of clinical signs/symptoms (based on the report of investigations)
 - v. Repeat inflammatory markers at the times of discharge. These should be in normal range/decreasing trend

